East Ohio Women in Agriculture Conference

Who should attend:
Women and Young Women (high school age) who are interested, involved, or want to become involved in food, agriculture, natural resources, or small business.

This one-day conference is a great place to learn, share and network. Be surrounded by other women who are facing the same day-to-day ups, downs, adventures and dilemmas as you.

AGENDA

9:00 Registration, Network Fair & Breakfast
9:30 Welcome
10:00 Breakout 1
11:00 Breakout 2
12:00 Buffet Lunch
12:45 Key Note
Clinging to context in a noisy world: don't lose sight of your "why"
Rebecca Miller
Editor, Farm and Dairy

1:45 Breakout 3
2:45 Breakout 4
3:30 Closing and Door Prizes

Thursday
March 19, 2020
9 A.M. – 3:30 P.M.

R. G. Drage Career Technical Center
2800 Richville Drive SE
Massillon, OH 44646

$55 Adults/ $30 Students

Registration Deadline: March 12

For more information call 614-292-2433

Register online with credit card at go.osu.edu/eowia2020
or complete & send this registration form.

Cancellation Policy: If the R. G. Drage School is closed for any reason on March 19, 2020, this Conference will also be cancelled. The event will not be rescheduled. No registration fees will be refunded. All will be held as registration for the 2021 East Ohio Women in Agriculture Conference.
### Break Out Tracks & Sessions

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<th>Session 1</th>
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<td><strong>Business &amp; Finance</strong></td>
<td><strong>Plants &amp; Animals</strong></td>
<td><strong>Communication</strong></td>
<td><strong>Home &amp; Family</strong></td>
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<td>Just because you pay an insurance premium doesn’t mean you’re covered for everything! Don’t miss this fun, interactive session discussing all types of insurance.</td>
<td>So you have some land and you want some extra income or a supply of food for your family. This session will investigate all of your options and possibilities.</td>
<td>QPR – Question, Persuade, Refer, a Suicide Prevention training, includes how to “ask a question to save a life,” recognizing warning signs, and referring for help.</td>
<td>Cooking doesn’t have to be complicated! See (and taste) how a few ingredients can bring BIG flavor. Recipes will be provided.</td>
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<td><strong>2-A</strong> Managing Price and Production Risk – Ben Brown, Ohio State University</td>
<td><strong>2-B</strong> Veterinarians: Building a Relationship &amp; Knowing When to Call – Dr. Em Mowrer, Stonehouse Veterinary</td>
<td><strong>2-C</strong> Sharing Your Story in a Handheld World – Bethany Pozderek &amp; Bethany Starlin, State FFA Officers</td>
<td><strong>2-D</strong> Farm Wear Repair: Part 2 – Ann Wolfe, Master Clothing Educator</td>
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<td>Ag is Risky!!! Explore a framework to evaluate the options available to producers. Leave with four tips on how to be a better grain marketer.</td>
<td>A working relationship with your veterinarian can teach you when it’s appropriate to try something at home vs. having them out on a call to improve your farm’s husbandry &amp; production.</td>
<td>Effectively communicating your story is important in today’s society. This session will primarily focus on utilizing social media.</td>
<td>Learn some short-cut techniques in basic sewing repair and what to look for when purchasing farm wear that’s farm tough to help prevent repairs.</td>
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<td><strong>3-A</strong> LOL – Lots of Loans! – Panel</td>
<td><strong>3-B</strong> Sustainable Stewardship for the Small Farm – Heather Neilkirk, OSU Extension</td>
<td><strong>3-C</strong> Sharing Your Story in a Handheld World – Bethany Pozderek &amp; Bethany Starlin, State FFA Officers</td>
<td><strong>3-D</strong> Cooking with Cast Iron – Christine Kendle, OSU Extension</td>
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<td>Hear from our panel to find the right fit for your needs. Including lines of credit, ag real estate, equipment &amp; building loans/leases, home loans, home equity loans, youth loans, etc.</td>
<td>What is sustainable for you? Dig in and explore sustainability and stewardship practices and opportunities for utilization in small farm animal and plant-based enterprises.</td>
<td>Effectively communicating your story is important in today’s society. This session will primarily focus on utilizing social media.</td>
<td>Are you not sure what pan to use? How to season it? How you should care for your cast iron cookware? This class is for you!</td>
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<td><strong>4-A</strong> My Story: Working with Natural Resources Agencies – Shana Angel, Angel Family Farms &amp; Cheryl Rice, NRCS</td>
<td><strong>4-B</strong> The Mystery of Fruit Tree Pruning – Paul Snyder, OARCD Secret Arboretum</td>
<td><strong>4-C</strong> He Said, She Said: – Emily Morrison, OSU Extension</td>
<td><strong>4-D</strong> The Salt Shake Down – Bridget Britton, OSU Extension</td>
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<td>Navigating the programs available through NRCS, SWCD, FSA, etc. can be mind boggling. Join this panel to gain insight from a professional and client standpoint.</td>
<td>This session covers the basics of how and when to prune fruit trees, highlighting the most common backyard fruit tree, the apple tree.</td>
<td>Women in agriculture often work with men in agriculture. Explore ways to improve interpersonal communication for more productive work settings and peaceful home environments.</td>
<td>Want to learn how much sodium we consume at restaurants, and ways to decrease it? Hands-on menu reading and making substitutions for lower sodium options.</td>
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### Registration Form

Name ____________________________

Address ____________________________

Phone ____________________________ Email ____________________________

Breakout Sessions: 1 ______ 2 ______ 3 ______ 4 ______

Payment Enclosed: $ ________ for ________ Adult(s) and/or ________ Student(s)

Please register on-line with credit card at go.osu.edu/eowia2020 or mail registration and payment to:

Women in Agriculture, Agricultural Administration, 34 Ag. Admin. Bldg., 2120 Fyffe Rd., Columbus, OH 43210